

Waldorf Salad with Pistachios and Fresh Strawberries

By Amy Symington

Ingredients (6 servings)	Quantity	Measure
Thinly sliced purple or green cabbage	3/4	head
Granny Smith apples, diced	2	
Sliced strawberries	2	cups
Chopped pistachios	1/4	cup
Chopped walnuts	1/3	cup
Fresh mint, chiffonade	3/4	bunch
Fresh parsley, chopped	1/2	bunch
Dijon mustard	3	tablespoons
Maple syrup	3	tablespoons
Fresh lemon zest	1	tablespoon
Fresh lemon juice, approximately 1 lemon	1/4	cup
Salt	1/4	tablespoon

Preparation

1. In a large salad bowl, combine cabbage, apple, strawberries, pistachios, walnuts, mint, and parsley.
2. In a small bowl, whisk together the remaining ingredients.
3. When ready to serve, add dressing to salad bowl and toss.

Tip:

Replace heads of cabbage with pre-cut slaw mixes for convenience.

