

## Plant-Based Products Available in Canada

Please note that this document is intended to be comprehensive, but it is not exhaustive. If you would like to suggest an addition to this list, please contact us at [forwardfoodcanada@hsi.org](mailto:forwardfoodcanada@hsi.org).

COMPANY	PRODUCTS	WEBSITE (order online or find your nearest retailer)
JUST	Plant-based egg products (liquid, patties)	<a href="https://www.ju.st/ca/">https://www.ju.st/ca/</a>
Simply Eggless	Plant-based egg products (liquid)	<a href="https://trysimplyeggless.com/">https://trysimplyeggless.com/</a>
Daiya	Non-dairy cheese slices, shreds, spreads, cheesecake, yogurt, Greek yogurt, salad dressings	<a href="https://daiyafoods.com/">https://daiyafoods.com/</a>
Nuts For Cheese	Aged and fresh raw non-dairy cheeses (cashew-based)	<a href="https://nutsforcheese.com/">https://nutsforcheese.com/</a>
Happy Heart Vegan Gourmet	Aged, fresh raw non-dairy cheeses (cashew-based)	<a href="https://happyheartvegangourmet.com/">https://happyheartvegangourmet.com/</a>
Fauxmagerie Zengarry	Aged, fresh raw non-dairy cheeses (cashew-based)	<a href="https://www.zengarry.com/">https://www.zengarry.com/</a>
Vegnature	Non-dairy goat cheese (cashew-based)	<a href="http://www.vegnature.com/">http://www.vegnature.com/</a>
Main Vegan Deli	Nut cheese, deli meat alternatives	<a href="https://www.mainvegan.com/">https://www.mainvegan.com/</a>
Vegan Magic	Aged, fresh raw non-dairy cheeses (cashew-based)	<a href="http://veganmagic.cc/index.html">http://veganmagic.cc/index.html</a>
VEGCHEESE	Dairy-free, nut-free, gluten-free, artisanal cheese (soy, coconut oil-based)	<a href="https://vegcheese.com/">https://vegcheese.com/</a>
Stokes	Plant-based artisanal cheeses (some nut-free options)	<a href="https://veganstokes.com/">https://veganstokes.com/</a>
The Cultured Nut	Plant-based artisanal cheeses	<a href="https://www.theculturednut.com/">https://www.theculturednut.com/</a>
The Frauxmagerie	Aged plant-based cheeses (cashew-based)	<a href="https://thefrauxmagerie.com/">https://thefrauxmagerie.com/</a>

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Miyoko's Creamery	Plant-based cheeses (nut-based)	<a href="https://miyokos.com/">https://miyokos.com/</a>
Blue Heron Creamery	Plant-based cheeses	<a href="https://blueheroncheese.com/">https://blueheroncheese.com/</a>
Fresh Start Fauxmage	Plant-based cheeses (nut-based)	<a href="https://freshstartfauxmage.com/">https://freshstartfauxmage.com/</a>
Humble Seedz	Plant-based cheeses (sunflower seed-based)	<a href="https://www.humbleseedz.com/">https://www.humbleseedz.com/</a>
Spread'Em Kitchen Co.	Plant-based cheeses (cashew-based), butter, dips	<a href="https://spreademkitchen.com/">https://spreademkitchen.com/</a>
Nafsika	Plant-based cheeses (nut-free)	<a href="https://nafsikainc.com/">https://nafsikainc.com/</a>
Violife	Plant-based cheeses (soy, nut-free)	<a href="https://violifefoods.com/">https://violifefoods.com/</a>
Pulse Kitchen	Plant-based, gluten-free cheeses (almond-based)	<a href="http://www.pulsekitchen.com/">http://www.pulsekitchen.com/</a>
The Future of Cheese Inc.	Plant-based cheese and butter	<a href="https://www.futureofcheese.com/">https://www.futureofcheese.com/</a>
Natura Foods	Non-dairy milks (soy, almond, rice)	<a href="http://natura.ca/index.php">http://natura.ca/index.php</a>
Sproud	Non-dairy milks (pea)	<a href="https://besproud.com/">https://besproud.com/</a>
Danone	Non-dairy milk, yogurt, creamers, mousse, shreds, ice cream	Silk: <a href="https://www.silkcanada.ca/">https://www.silkcanada.ca/</a> So Delicious: <a href="http://sodeliciousdairyfree.ca/">http://sodeliciousdairyfree.ca/</a>
Deebs Yogurt	Non-dairy yogurt	<a href="https://www.deebsyogurt.com/">https://www.deebsyogurt.com/</a>
Yoso	Non-dairy yogurt	<a href="https://www.yoso.ca/">https://www.yoso.ca/</a>
Elmhurst	Non-dairy milks, creamers, lattes and ice cream	<a href="https://elmhurst1925.com/">https://elmhurst1925.com/</a>

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Earth's Own	Non-dairy milk, spreads, butter	<a href="https://earthsown.com/">https://earthsown.com/</a>
Califia Farms	Non-dairy milks, creamers, yogurts and canned beverages	<a href="https://www.califiafarms.com/">https://www.califiafarms.com/</a>
Milkadamia	Non-dairy milks, creamer, sprays, butter	<a href="https://milkadamia.com/">https://milkadamia.com/</a>
Natur-a	Non-dairy milks, beverages	<a href="https://natura.ca/en/">https://natura.ca/en/</a>
Plant Veda	Non-dairy milk, yogurt, and creamer	<a href="https://www.plantveda.com/">https://www.plantveda.com/</a>
NotCo	Non-dairy milk	<a href="https://notco.com/ca-en/">https://notco.com/ca-en/</a>
Toffuti	Non-dairy desserts, spreads, cheeses, frozen foods	<a href="https://tofutti.com/">https://tofutti.com/</a>
Sweets from the Earth	Non-dairy desserts (including cakes, cookies, brownies with some products nut-free)	<a href="https://sweetsfromtheearth.com/">https://sweetsfromtheearth.com/</a>
Belsoy	Non-dairy dessert, cream	<a href="https://www.alpro.com/caen/">https://www.alpro.com/caen/</a>
Zimt Chocolates	Non-dairy chocolates	<a href="https://shopca.zimtchocolates.com/">https://shopca.zimtchocolates.com/</a>
Follow Your Heart	Vegenaise, VeganEgg Non-dairy cheeses, sour cream, salad dressings	<a href="https://followyourheart.com/canada/">https://followyourheart.com/canada/</a>
Culcherd	Non-dairy cheeses, butter	<a href="https://culcherd.com">https://culcherd.com</a>
Fora Foods	ForA:Butter	<a href="https://forafoods.com/">https://forafoods.com/</a>
Flora	Non-dairy butter	<a href="https://www.flora.com/en-us/floraplant">https://www.flora.com/en-us/floraplant</a>
Melt Organic	Non-dairy butter	<a href="https://meltorganic.com/">https://meltorganic.com/</a>

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Earth Balance	Non-dairy butter sticks spreads, salad dressing, snacks	<a href="https://www.earthbalancenatural.com/">https://www.earthbalancenatural.com/</a>
Le Grand	Non-dairy soups, sauces, cheeses, sauces	<a href="http://www.lovelegrand.com/">http://www.lovelegrand.com/</a>
Nona Vegan	Non-dairy sauces	<a href="https://nonavegan.com/">https://nonavegan.com/</a>
Mother Raw	Plant-based dressings, dips, queso, condiments, to-go packs	<a href="https://motherraw.com/">https://motherraw.com/</a>
Gusta	Non-dairy cheeses Plant proteins (sausages, deli meats)	<a href="http://www.gustafoods.com/">http://www.gustafoods.com/</a>
Field Roast	Plant-proteins (burgers, sausages, deli-slices, roasts, loaves, bacon, breakfast patties, tenders, deli slices) Non-dairy cheese slices and sauce	<a href="http://fieldroast.com/">http://fieldroast.com/</a>
Gardein	Frozen plant-proteins	<a href="https://gardein.com/">https://gardein.com/</a>
Lightlife	Plant-proteins	<a href="https://lightlife.com/">https://lightlife.com/</a>
Big Mountain Foods	Plant-proteins, bites	<a href="https://bigmountainfoods.com/">https://bigmountainfoods.com/</a>
Hodo Foods	Plant-proteins	<a href="https://www.hodofoods.com/">https://www.hodofoods.com/</a>
Butler Foods	Plant-proteins, seasonings	<a href="https://www.butlerfoods.com/">https://www.butlerfoods.com/</a>
King's Vegetarian Food	Plant-proteins (chicken, bacon, dim sum, seafood, other prepared goods)	<a href="https://kingsvegetarianfood.ca/">https://kingsvegetarianfood.ca/</a>
Soyarie	Tofu (blocks, burgers, strips, cutlets, bites)	<a href="http://www.soyarie.ca/">http://www.soyarie.ca/</a>
Paradis Végétarien	Plant-proteins (burgers, sausages, nuggets, seafood)	<a href="https://www.paradisvegetarien.com/">https://www.paradisvegetarien.com/</a>

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Yves Veggie Cuisine	Plant-proteins (burgers, ground round, hot dogs, sausages, deli slices, breakfast protein)	<a href="http://yvesveggie.ca/en">http://yvesveggie.ca/en</a>
Beyond Meat	Plant-proteins (burgers, sausages, crumbles, strips)	<a href="http://beyondmeat.com/">http://beyondmeat.com/</a>
Impossible Foods	Plant-proteins (burgers, crumble)	<a href="https://impossiblefoods.com/">https://impossiblefoods.com/</a>
Vegetarian Gourmet	Plant-proteins (burgers, beet balls, crumbles)	<a href="http://www.vegetariangourmet.com">www.vegetariangourmet.com</a>
Hungry Planet	Plant-proteins (burgers, crumbles, chicken, sausage, crab, custom products)	<a href="https://hungryplanet.us/">https://hungryplanet.us/</a>
Tofurky	Plant-proteins (burgers, sausages, hot dogs, deli slices, grounds, roasts)	<a href="http://www.tofurky.com">www.tofurky.com</a>
Sol Cuisine!	Plant-proteins (burgers, tenders, falafels, meatballs, breakfast sausages, tofu)	<a href="http://www.solcuisine.com">www.solcuisine.com</a>
Boosh	Plant-proteins (meats, bowls, dips, cheeses)	<a href="https://www.booshfood.com/">https://www.booshfood.com/</a>
MorningStar Farms	Plant-proteins (burgers, crumbles)	<a href="https://www.morningstarfarms.ca/en_CA/home.html">https://www.morningstarfarms.ca/en_CA/home.html</a>
Modern Meat, Inc.	Plant-proteins (burgers, crabless cakes, crumbles, meatballs, gyozas, sauces)	<a href="https://www.themodernmeat.com/">https://www.themodernmeat.com/</a>
Upton's Naturals	Plant-proteins (hot dogs, pulled jackfruit, readymade meals)	<a href="https://www.uptonsnaturals.com/">https://www.uptonsnaturals.com/</a>
Good Catch Foods	Plant-based seafood products	<a href="https://goodcatchfoods.com/">https://goodcatchfoods.com/</a>
Noble Jerky	Plant-based jerky	<a href="https://www.facebook.com/noblejerky/">https://www.facebook.com/noblejerky/</a>
Savory Wild	Plant-based jerky	<a href="https://savorywild.com/">https://savorywild.com/</a>

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Primal Spirit Foods	Plant-based jerky	<a href="http://www.primalspiritfoods.com/">http://www.primalspiritfoods.com/</a>
Ying Ying Soy Food	Plant-based deli slices and jerky	<a href="https://www.yingyingsoyfood.ca/">https://www.yingyingsoyfood.ca/</a>
The Very Good Butchers	Plant-proteins	<a href="https://www.verygoodbutchers.com/">https://www.verygoodbutchers.com/</a>
Dr. Praeger's Purely Sensible Foods	Plant-proteins (burgers, tenders, nuggets) Appetizers/snacks (potato puffs, brussels sprout cakes)	<a href="http://drpraegers.com/food-service/">http://drpraegers.com/food-service/</a>
Three Farmers Foods	Plant-protein (fava bean, lentil, chickpea, pea snacks)	<a href="https://store.threefarmers.ca/">https://store.threefarmers.ca/</a>
PRANA Organic	Plant-protein (spreads, seeds, nuts, snacks)	<a href="https://pranaorganic.ca/">https://pranaorganic.ca/</a>
Only Oats	Plant-protein (oats)	<a href="https://myonlyoats.com/">https://myonlyoats.com/</a>
Wholly Veggie!	Veggie patties, pizza and bites	<a href="https://www.whollyveggie.com/">https://www.whollyveggie.com/</a>
Henry's Tempeh	Tempeh	<a href="http://www.tempeh.ca">www.tempeh.ca</a>
Simply Protein	Protein bars	<a href="https://simplyprotein.ca/">https://simplyprotein.ca/</a>
Floating Leaf Fine Foods	Grains, legumes, seeds	<a href="https://www.eatwildrice.ca/">https://www.eatwildrice.ca/</a>
Candesa Foods Inc.	Plantain products	<a href="https://www.candesafoods.com/">https://www.candesafoods.com/</a>
Molly B's Gluten-Free Kitchen	Gluten-free, plant-based pizza crust	<a href="http://www.mollybg glutenfree.com/">http://www.mollybg glutenfree.com/</a>
Freedom Jars	Plant-based breakfast jars, prepared meals	<a href="https://freedomjars.ca/">https://freedomjars.ca/</a>
Alternative Kitchen	Plant-based cheeses, meats	<a href="https://alternativekitchen.ca/">https://alternativekitchen.ca/</a>

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Nabati	Plant-based egg, cheeses, burgers, cheesecakes	<a href="https://www.nabati.ca/">https://www.nabati.ca/</a>

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